

Sandwiches, Rolls and Wraps

Sandwiches \$5.50

Rolls \$7.50

Wraps: half \$4.50 full \$7.00

(Chicken, Roast Beef, Turkey, Ham, Salami, Lettuce, Tomato, Carrot, Cucumber, Onion, Cheese, Egg, Beetroot, Avocado, Mayo, Roast Vegetables, Relish, Mustard Pickles)

Toasted Sandwiches \$5.50

Cheese

Cheese and Tomato

Ham and Cheese

Ham, Cheese and Tomato

Grilled Focaccias \$7.50

Ham, Chicken and Avocado, Salami, Roast Vegetable – all with Mayo, spinach, tomato and Mayo)

Salad Bowls

Chicken Caesar Salad \$7.00

Greek Salad \$7.00

Garden Salad \$7.00

Feta, Quinoa & Roast Vegetable Salad \$7.50

Fruit Salad. \$5.00/\$6.00

Jelly cups \$1.00 (V)

Yoghurt and Coulis \$3.00(V)



Sushi Twin Pack \$7.50

(Available in warmer months with various fillings)

Daily Meal Specials

(Vary from week to week – advertised daily on Specials Board in Canteen)

Tortellini Carbonara

Napoli Penne

Beef Lasagne

Vegetable Curry

Fried Rice

Potato Bake

Singapore Noodles

Ravioli

All Specials \$7.00

*please check specials board in Canteen or ask staff for a weekly specials menu



Drinks

Flavoured Milk 300ml \$3.50/ 600ml \$4.50

Cool Ridge Plain Water 600ml \$3.00

Cool Ridge Flavoured Water 750ml \$4.00

All soft drink cans 375ml \$3.00

Real Juice 450ml \$4.50

Lipton Ice Tea \$5.00

Up & Go (chocolate, strawberry or vanilla) \$3.50

Icy Poles or Ice Creams from \$1.00

From the Bakery

Quiche \$5.00(V)

Large Sausage Roll \$4.50

Meat Pie \$5.00

Pasties - beef or vegetable \$5.00(V)

Spinach & Ricotta Roll \$5.00

Egg & Bacon Roll \$6.00

Brekky Wrap \$6.00

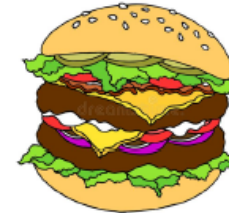
(Egg, bacon, oven baked hash brown in a wrap)

Toasted veggie wrap \$6.00(V)

(Spinach, cheese, tomato, egg and Mayo)

Sweet Chilli Chicken Wrap \$4.50

(Oven baked sweet chilli chicken tender, lettuce and Mayo in a wrap)



Burgers and Buns

Chicken Schnitzel Burger \$6.00

Cheeseburger \$6.00

Veggie Burger \$7.00

Falafel Wrap \$7.00

Hotdog \$4.50

Potato Gems \$4.00

Seasoned Wedges \$5.50

Mexican Nachos \$6.00

Green Foods Amber Foods (V) Vegetarian